

Breathing Space Program 2013

Second Semester



July

4, 11, 18 & 25
28

Being Christian, Being Anglican, 7.30pm
Parish Birthday – Guest preacher: The Rev'd Lynda McMinn

August

4

Deep Dive into ... being Anglican (Sarah Macneil), 12pm
(following the 10am service)

7, 14, 21 & 28

St Ignatius Loyola: Spiritual Guide for our Times? Margaret Silf's *Inner Compass* provides profound and accessible insights into psychological and spiritual aspects of the inner journey based on Ignatian spirituality. (Frances Mackay)

17

Quiet Day

18

Arts & Theology in the Afternoon (3-5 pm)

September

4 & 11

St Ignatius series continues

13

Men's Dinner (Tom Tucker)

13 - 15

ANSD Conference, Canberra

15

Quiet Afternoon with Tom Tucker, leading into SALT

20 - 22

Parish Retreat: 'Simply Prayer: playfully engaging the senses in communion with the Divine'

October

- 16, 23 & 30 Book Group: Margaret Guenther's "Walking home from Eden to Emmaus" (led by Glenys Wimmer)
- 13 Arts & Theology in the Afternoon (3-5 pm)
- 20 Deep Dive into ... 'René Girard, Being Human, and Being in Christ' (Scott Cowdell)

November

- 3 Deep Dive into ... the Church (Stephen Pickard), 6.30pm following SALT
- 6, 13 & 20 Book Group continues (led by Glenys Wimmer)
- 6, 13, 20, 27 Ecotheology series (Ian Chaplin & Sarah Macneil)
- 9-10 Intensive Journal Workshop: Kate Scholl

December

- 1 Deep Dive into ... the Resurrection (Sarah Bachelard)

Please note that most activities are held in the Rainbow Centre.

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Quiet Days

Designed to refresh the soul, these days offer times of reflection and closeness to God. Each day has a theme which is used as a pathway to stillness and contemplation.

The 'Deep Dive' series

This series consists of one hour seminars on a range of topics with experts in the field, offering a deeper examination of some of the big issues in theology and ecclesiology.

Arts & Theology in the Afternoon

An opportunity to reflect with artists on the links between art and theology.

ANSD Conference

The Australian Network for Spiritual Direction will be holding its annual conference in Canberra this year, with Lucy Abbott Tucker and Sue Dunbar as presenters. More details available at the www.ansd.org.au.

Parish Retreat

Experience the excitement of exploring new avenues of pursuing the age-old discipline of prayer.

Book Group: 'Walking home from Eden to Emmaus'

Margaret Guenther retells the "walking stories" of Scripture and unpacks truths they reveal about spiritual life. Join in a guided discussion of this inspiring book (approx \$17).

Ecotheology series

Ian Chaplin and Sarah Macneil will lead this study group looking at different approaches to our environment in Christianity, Judaism and Islam. Ian's background in agriculture and horticulture and his lifelong interest in ecological concerns will add an extra dimension to this study.

Intensive Journal Workshop

The Intensive Journal process is a tool for exploring and living more authentically and creatively from our centre. Kate Scholl is an experienced facilitator of this process. Jointly sponsored by Holy Covenant and Eremos. (Sat 9-5, Sun 1-5, approx. \$110)

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Regular Activities

Weekly

Meditation Groups: Tuesday 12.30pm; Wednesday 6 pm

Benedictus Contemplative Service: Saturday 6 pm

Monthly

MOTH: Monastery of the Heart: 10.30 am 1st Friday (Rainbow Centre, BYO lunch)

For further information, please contact:

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Or visit our web site:

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